The citizens of Winter Park, Florida can rest assured that their city has a first-class and reliable emergency response system. The system includes police, fire and, most important, 911 emergency lines, all linked by a state-of-the-art communications network. Reliable emergency response is especially important in Winter Park, many of whose 23,000 inhabitants are elderly retirees. 911 calls and radio dispatches must get through when they're needed; lives are often at stake.

In Winter Park, the most serious threat to reliable communications is weather. The city is located in Florida’s "Lightning Alley," where more than 100 days with thunderstorms can be expected annually. Any one of those storms could disrupt or destroy the city’s communications system just when it might be most urgently needed.

To reduce weather-related threats to its emergency response system, Winter Park houses its Communication Center in a 2000-sq ft (200-sq m) reinforced concrete building (On the Cover). Both the building and its 90-ft (27-m) antenna tower (Figure 1) can withstand 200-mph (322 km/h) winds. The Communication Center and antenna tower are also equipped with a lightning protection/grounding system. The system initially installed when the facility was built has been extensively upgraded to ensure maximum reliability. This article describes the important role copper played in the upgraded system.
Shared Tower, Two Grounding Systems

The Communication Center shares its antenna tower with a cellular-phone/long-distance service provider. The telephone company built the tower on the municipally-owned site, basing its lightning protection/grounding system on its own and telephone-industry specifications, in this case grounding the structure through reinforcing rods in the concrete footers. This system, known as a Ufer ground, is listed under the National Electrical Code® (NEC) as an acceptable grounding method.

The telephone company houses its switches and communications equipment in a nearby modular building, separate from the Communication Center. The two buildings have separate electrical hook-ups and therefore require separate grounding systems. Thus, both the telephone company's building and the Communication Center have their own primary grounding electrodes; the Comm Center's is a copperclad rod driven near the building's service entrance panel.

The original lightning protection/grounding system was designed and installed according to the NEC. However, according to Joe Serrano, Winter Park's Director of Communication, "We knew there would always be a potential risk for serious damage, and because of that risk, and the fact that our dispatchers routinely deal with life-critical situations, we decided to upgrade our center with the most reliable grounding and lightning protection system available."

Serrano called in Power & Systems Innovations, Inc. (PSI) an electrical design firm located in Orlando. John West, the firm's founder and president, has gained a strong reputation for providing reliable lightning protection and grounding systems to facilities such as hospitals, banks, airports and military bases, plus a number of "sensitive" government installations.

John West had a very personal reason to give Winter Park the most reliable system available. As he puts it: "My parents live in Winter Park. They are over 80 years old and might need 911 assistance one day. I made absolutely certain this facility would be safe from lightning damage!"

Extensive Upgrade

West began with the tower's grounding system. In place of the #2 AWG conductors the telephone service used to ground its coax cables (see sidebar on page 6), West installed #29X tinned copper lightning cable and 4/0 copper. (Lightning cable is a hollow braided conductor that resembles a Chinese finger trap toy.)

For each coax cable, West split a length of the lightning cable, wrapped it around an exposed portion of coax shield, soldered it in place and clamped and re-insulated the assembly (Figure 2A). West next soldered the lightning cable to lengths of 4/0 copper, then bonded the 4/0 to a short horizontal bus mounted on a nearby cable tray (Figure 2B). From there, he bonded to a vertical length of bare 4/0 copper, running the 4/0 straight down to a new grounding electrode driven directly below (Figure 2C).

Bonds to the coax shields were made above the point where the cables take a 90° turn toward the Comm Center building. West recommends this practice. "If a lightning strike were to come down the cable shield and encounter a turn in the cable, it could either follow the cable toward the building or continue in a straight-line path to earth. By grounding the cable shield above the bend, we increase the odds that the strike will continue straight downward."

"For extra protection," West continued, "we also bond to the coax shield at the point where it enters the building (Figure 3). We first mounted a 1/4-in (6.4-mm) thick copper grounding plate to the building wall. The plate has cutouts for
The coax to pass through. We exposed a section of cable shield and bonded it to the plate. Then we bonded the plate to the building’s grounding system using a vertical length of 4/0. “We also wanted to improve on the tower’s Ufer ground (Figure 4), originally installed by the phone company, so we drove two more electrodes on diagonals leading outward from each of the tower’s legs. Those electrodes form what is called a star-ground. We used bare 4/0 copper to connect all electrodes. We then bonded a lead from the nine new electrodes to the Center’s primary electrode, which is located below the service entrance panel. The entire system has a ground resistance of less than four ohms.”

Why a star ground for the tower? “Current flow from a lightning strike tends to spread outward when it enters the ground,” West explained. “By locating the tower’s grounding electrodes on diagonals and connecting them with heavy-gage copper, we help dissipate the charge into the ground and away from the building we want to protect.”

**Protection in Depth**

West next drove a series of electrodes around the Comm Center at 20-ft (6-m) intervals. The electrodes were bonded to a 4/0 copper ring-ground connected to the primary grounding electrode at the service entrance. Additional 4/0 cables were installed from the ring-ground to all metal objects on or near the building’s exterior: electrical panels, sub-panels, a chain-link fence and even metal downspouts (Figure 5).

The Center’s emergency power generator is connected to the ring-ground with 4/0 copper. An additional ground connection is made from the generator frame to reinforcing rods in the concrete pedestal on which the generator stands (Figure 6).
A ring-ground consists of a loop of buried bare copper conductor completely surrounding the structure to be protected. According to IEEE Standard 1100 (the Emerald Book) the ring-ground should be bonded to the building structural steel at frequent intervals and to any electrical and metallic plumbing systems that cross it. The ring-ground should also be bonded to the lightning protection system, including grounding electrodes and down-conductors leading from air terminals. §9.10.5 of the Emerald Book specifically recommends ring-grounds for facilities housing sensitive electronic equipment.

West installed additional lightning protection in the form of high-capacity transient voltage surge suppressors (TVSSs). "We strongly recommend that our clients install a TVSS at the service entrance and at all critical sub-panels. If the facility contains sensitive electronic equipment, we also recommend they install a TVSS for each branch circuit. That gives you three layers of protection. TVSS units are reliable, not expensive and easy to install. The greater the importance of the system the more levels. In some cases, we install 5 levels."

West maintains that it is important to use only high-quality surge suppressors. "Surge suppressors come in a large variety of designs, from the simple air gaps and gas tubes to the highly sophisticated devices we prefer. The ones we recommend utilize metal oxide varistors (MOVs) to absorb high energy spikes. The MOVs are backed up by Zener diodes. Our TVSSs also contain a combination of inductive chokes and capacitors. These elements provide additional clamping power plus protection against electromagnetic (EMI) and radio frequency (RFI) interference. Components are arranged in series to give protection in depth. That’s the same design philosophy we apply to our lightning protection systems. If a surge gets past one protective device, it encounters another one down the line. It’s also important that the TVSS provide ‘full-mode’ protection — that is — protection against ground-to-neutral, phase-to-neutral, phase-to-phase and phase-to-ground faults. Without such complete protection, you could lose a conductor and severely damage your equipment, not to mention creating a serious safety hazard."

More Copper Indoors

Connections from the exterior grounding system (i.e., the primary electrode, ring-ground and connections to the coax cable shields) lead into the building at two locations. One connection is made by way of a fabricated copper frame at the point where the coax enters the building (Figure 7). The frame is aligned with the matching copper plate mounted on the exterior wall. A second grounding conductor penetration can be found at the service entrance.
Indoors, cables from both penetrations are bonded to halo grounds surrounding each room, approximately six inches (150 mm) below the ceiling. The building's original grounding system already contained halo grounds constructed from #6 AWG conductor. West overlaid a second halo in 4/0 copper, running it in parallel with the existing installation.

More 4/0 copper connects the halo grounds to the equipment racks that crowd several of the facility's rooms (Figure 8). At first glance, the cables appear to be rather loosely draped, but West explains that this arrangement is intentional. "Recommended practice calls for bends in lightning protection/grounding conductors to have generous radii, with no sharp bends. This is particularly valuable where high frequencies such as those associated with communications equipment, or lightning, are involved."

Additional 4/0 grounding conductors lead from the halo to 1/4-in (6.4-mm) thick copper bus plates mounted at convenient locations on the racks (Figure 9). The plates serve as collectors from which #2 AWG copper cables extend to individual equipment consoles. All connections are made using copper, tinned-copper or copper alloy (bronze or brass) bolt-on lugs.

Joints between sections of the fabricated equipment racks are jumpered with short lengths of #2 AWG copper (Figure 10). These connections ensure that all equipment connected to the racks see the same low ground potential.

Finally, grounding connections in the Center's dispatch room are made beneath the room's raised floor. A signal reference grid was not considered necessary here, so West home-runned grounding jumpers from each equipment console to a 4/0 cable leading to the building's grounding system. Jumpers are made from insulated #2 AWG copper; as was done elsewhere in the Center, all grounding connections in the dispatch room are made with bolt-on copper-base lugs (Figure 11). With its ring-ground, multiple grounding electrodes, TVSSs and reliable copper connections, the Winter Park Communication Center certainly has one of "the most reliable grounding and lightning protection systems available," as Joe Serrano puts it. And even when one of Florida's famous thunderstorms rumbles by, the good citizens of Winter Park, including John West's parents, can sleep soundly knowing that their city's emergency response system will remain securely on-line.

**Code-Acceptable, But Not Good Enough for Winter Park**

The original grounding/lightning protection system installed at the Winter Park Communication Center was designed by the cellular-phone/long-distance telephone service provider with whom Winter Park shares the 90-ft antenna tower. Grounding connections at the telephone company's side of the tower illustrate some of the reasons why Winter Park officials upgraded their equipment despite the fact that the system shown here meets telephone company specifications and is in accordance with the National Electrical Code®.
Grounding connections to coax cable shields at the telephone service provider that shares Winter Park's antenna tower are made on the horizontal run of the cables as they enter the service provider's building (Figure 12). Such connections are not as protective as those on the Communication Center's system, shown in Figure 2. In addition, grounding electrode conductors installed by the telephone company are #2 AWG. For better protection against lightning damage and to ensure a low-impedance ground connection, the Communication Center's facilities utilize robust 4/0 copper grounding electrode conductors. A grounding connection to the telephone company's building was made at a lifting lug on the modular structure (Figure 13). Grounding of this sort may serve no purpose at all if, in fact, the lifting lug is not actually bonded to a structural metal frame.

Grounding connections to coax cable shields at the cellular-telephone/long-distance service provider that shares Winter Park's antenna tower are made on the horizontal run of the cables. Connection to vertical runs provide better lightning protection, according to PSI's John West. #2 AWG grounding electrode conductors installed by the telephone company are the minimum size permitted under the NEC. The Winter Park Communication Center up-sized its grounding electrode conductors to more-robust 4/0 copper.

Grounding connection to a lifting lug on the telephone provider's modular building. There is no assurance that the lifting lug is actually bonded to the structure's metal frame.

The Principals

John West is president of Power & System Innovations, Inc. (PSI), Orlando, Florida. Founded in 1992, PSI provides products, services and consulting related to power quality, power protection, surge protection, grounding, lightning protection and other anomalies that can damage equipment and/or cause data loss. PSI also designs, installs and services a broad range of protection equipment and systems. Further information about PSI can be found at the company's Web site, http://www.psihq.com, or by calling them at (407) 380-9200 or (800) 260-2259.

Joe Serrano, director of the Winter Park, Florida, Communication Center. The center provides police, fire, emergency response and 911 service to the City of Winter Park and surrounding communities. Mr. Serrano was convinced that upgrading the Communication Center's lightning protection/grounding system with additional electrodes and heavy-gage copper conductors would increase the level of protection for the Center's valuable equipment, providing a higher level of safety to the community.

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